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Today We're Loving

Working out with a twist. At the Club H Fitness in NYC, their Martini Workout mixes exercising with socializing and is sponsored by Grey Goose vodka. The class is taught by creator Jessica Athas, who flies in monthly from Boston just to bring this exciting class to New Yorkers. After the pilates and core strengthening work out while balancing the martini glass on your stomach, take that glass and indulge in a cocktail or two!

(Arnaldo Magnani/Getty Images)